

Valpotime CR 300

Sodium Valproate 200mg + Valproic Acid 87mg Tablet

Composition:

Each tablet contains:

- **Sodium Valproate** – 200 mg
- **Valproic Acid** – 87 mg

Indications:

This combination is used in the treatment of:

- **Epilepsy** (Generalized & Focal Seizures)
- **Bipolar Disorder** (Acute mania and mood stabilization)
- **Migraine Prophylaxis**

Mechanism of Action:

Sodium Valproate and Valproic Acid work by increasing the levels of gamma-aminobutyric acid (**GABA**) in the brain, which has a calming effect on nerve activity, helping to prevent seizures and stabilize mood.

Dosage & Administration:

- **Adults & Children (as prescribed by a doctor)**
- Usually taken **once or twice daily** with or after food to minimize gastrointestinal side effects.
- **Dose adjustments may be needed** based on patient response and clinical condition.

Contraindications:

- Hypersensitivity to valproate
- Liver disease or significant hepatic dysfunction
- Known mitochondrial disorders (e.g., Alpers-Huttenlocher syndrome)
- Pregnancy (unless no alternative treatment is available)

Warnings & Precautions:

- **Liver Function Monitoring:** Regular liver function tests are advised, especially during the first six months of treatment.
- **Teratogenic Risk:** Can cause congenital abnormalities; **not recommended in pregnancy** unless essential.
- **Pancreatitis Risk:** Report any symptoms like severe abdominal pain, nausea, or vomiting.
- **Neuropsychiatric Effects:** May cause drowsiness, dizziness, or behavioral changes.

Side Effects:

Common:

- Nausea, vomiting, diarrhea
- Weight gain
- Drowsiness or dizziness
- Hair loss (temporary)

Serious:

- Liver toxicity
- Pancreatitis
- Thrombocytopenia (low platelet count)
- Suicidal thoughts or behavioral changes

Drug Interactions:

- **Increased sedation** with CNS depressants (e.g., benzodiazepines, alcohol).
- **May interact with antiepileptic drugs** (e.g., phenytoin, carbamazepine).
- **Can affect blood levels of anticoagulants** (e.g., warfarin).

Storage Instructions:

- Store at **room temperature (below 30°C)**, protected from moisture.
- Keep out of reach of children.

Conclusion:

Sodium Valproate + Valproic Acid is an effective anticonvulsant and mood stabilizer. However, due

to its potential side effects, it should be used under **strict medical supervision** with regular monitoring.

Disclaimer:

This medication should be used under medical supervision. Consult your healthcare provider for appropriate use, especially if symptoms persist or worsen.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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